



# DATING

• *Worksheet* •



## 5 Date Requirements

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## How does your date meet the requirements?

\_\_\_\_\_  
\_\_\_\_\_

## Know before you go...

What is your date's full name? \_\_\_\_\_

How long have you known your date? \_\_\_\_\_

What is your date's address? \_\_\_\_\_

What is your date's phone number? \_\_\_\_\_

Who are your date's best friends? \_\_\_\_\_

## The Date:

What will you and your date be doing? \_\_\_\_\_

Where will you and your date be going? \_\_\_\_\_

Who else will be there? \_\_\_\_\_

When will your date be introduced to your parents? \_\_\_\_\_

## Safety:

\_\_\_\_\_ If I am out with a person drinking alcohol or using drugs, I will leave with a friend or call my parents.

\_\_\_\_\_ If I am out on a date and feel unsafe, I will call my parents.

\_\_\_\_\_ I will not date anyone who is mean to me verbally or physically.

\_\_\_\_\_ I will not agree to date anyone exclusively without talking to my parents.

\_\_\_\_\_ I will not put myself in a situation where there is temptation to become sexually active with my date.

\_\_\_\_\_ I will not engage in physical intimacy as defined by \_\_\_\_\_.