

# The Tabernacle Wellness Policy

As we all know, illnesses are easily passed among children, affecting not only the other children, but your family and other families. Here is our established health policy for The Tabernacle's children's ministries. Please do not send medicine with your child. Medicine will not be administered at the church. Children **SHOULD NOT** attend if they have any of the following symptoms:

<b>Symptoms/Do Not Bring</b>	<b>May Return</b>
<b>Chicken Pox</b>	All blisters have dried and crusted, (usually 6 days) fallen off and scars have healed.
<b>Croup</b> If child has severe, uncontrolled coughing, wheezing or difficulty in breathing.	No fever or wheezing that is being controlled by medication. Breathing is within normal limits.
<b>Diarrhea</b>	24 hours with no diarrhea
<b>Fever</b>	24 hours with no fever
<b>Fifth's Disease</b> Rash may still appear up to three weeks.	Child is no longer contagious once rash appears.
<b>Flu like symptoms</b> Fever (temperature of 100 and above), cough, sore throat, body aches, vomiting, diarrhea	24 hours symptom free
<b>Hand, Foot and Mouth Disease</b> The usual period from infection to onset of symptoms is 3-5 days. Fever is often the first symptom. Sneezing and coughs can spread the virus.	Two weeks after the virus has appeared. There should be no lesions in the mouth or sneezing. Scabs must be dry and without area redness.
<b>Head Lice</b>	Hair has been treated, combed and is completely clear of lice or nits.
<b>Impetigo</b>	24 hours after starting antibiotics and areas should be covered
<b>Pink Eye</b> Itching and burning of the eyes, redness and tearing of the eyes, sensitivity of light, swollen eyelids and thick discharge that makes the eyes stick together.	Infection must be completely gone.
<b>Prescribed Antibiotics</b>	24 hours after starting antibiotics
<b>Rash</b> Body rash with fever, that spreads quickly, has open or weeping wounds or suspected to be contagious.	24 hours with no rash
<b>Ringworms</b>	24 hours after starting treatment- Upon returning, area must be covered for 2 days.
<b>Runny Nose</b>	If clear and no colored discharge.
<b>Strep Throat</b>	24 hours after starting antibiotics
<b>Vaccine Preventable Diseases</b> Measles, Mumps, German Measles, Whooping Cough	When Doctor says the child is no longer contagious.
<b>Vomiting</b>	Child is tolerating oral fluids and has not thrown up for 24 hours.

